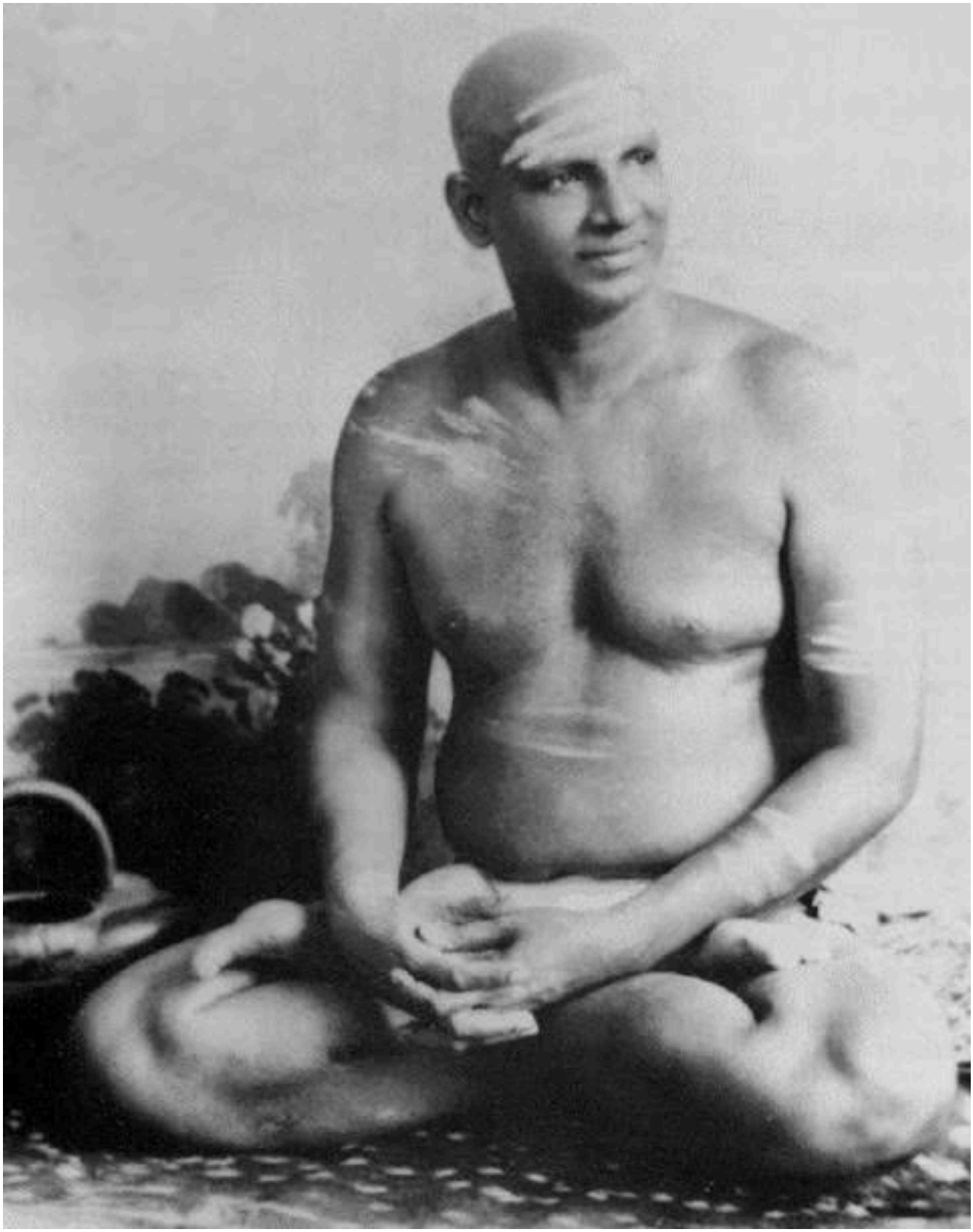

SIVANANDA STOTRAPUSHPANJALI

करुणावरुणागारं तरुणारुणतेजसम्।
शरणागतमन्दारं शिवानन्दं गुरुं भजे।।

Him who is the ocean of mercy, who has the splendour of the rising sun, who is the boon-bestowing tree to all who seek refuge at his feet, Him, my Lord Sivananda I adore.

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SIVANANDA STOTRAPUSHPANJALI

By

Sri Swami Jnanananda

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ॐ

समर्णपम्

स्वकीयहृदयगतसववधभावपरिपूर् वशतसंख्यक ैः सुगन्धधपद्यकुसुमैः समलङ्कृतं

शशवानधदस्तोत्रपुषपांजंशलनामकं कुषुद्रपुस्तकशमदं भन्ततपूर्मवनसा ब्रह्मननषठस्य

सकलजनकल्यार्कारिरै्:

पिमिाध्यजगद्गुैः

श्रीशशवानधदयोगगिाजस्य

पादकमले स्वाह्लादानु-

भवाय तथाऽत्मशुद्धये च

सार्दिं समपयवाशम

इनत भवतां

ववनयानतैः

श्री ज्ञानानधद स्वामी

Printed on the sacred occasion of the Sannyasa Diksha Centenary Celebrationof Worshipful Gurudev Sri Swami Sivanandaji Maharaj

PUBLISHER'S NOTE

It is with great pleasure that we place before the devout readers the revised edition of "SIVANANDA STOTRAPUSHPANJALI" on the auspicious occasion of Sannyasa Diksha Centenary of Worshipful Gurudev Sri Swami Sivanandaji Maharaj. These devout century of verses contained herein do, in fact, constitute a

Pushpanjali, namely a worshipful flower-offering at the feet of the Master. Each verse is a fragrant flower worshipfully and adoringly placed by the loving disciple, the author at the feet of the Satguru. This little book embodies a Guru Aradhana. Valuable as it will be found to be to all seekers in general, this is of special value to the vast circle of disciples and devotees of Sadgurudev Sri Swami Sivanandaji Maharaj, to be found in every part of the globe. This handy book with its wealth of inspiring and prayerful devotional verses is beautifully suited for daily Swadhyaya as well as for repetition during the hours of meditation and worship. We place this in your hands with the full belief that it will be of immense inspiration and benefit to you, as also to countless other devout seekers like you.

THE DIVINE LIFE SOCIETY

INTRODUCTION

The life of the true and devout Hindu is permeated by the spirit of worshipfulness and adoration. A deep and vibrant feeling of gratitude and love is a salient characteristic of this lofty spirit. Gratitude is one of the finest of the sentiments that naturally and spontaneously arise in the human heart. It finds expression in terms of intense reverence, love, earnest dedication, eternal allegiance and unceasing praise and glorification. Who can describe the irresistible urge for expression, of the heart that is filled to overflowing with immeasurable gratitude and true devotion? He only can know it, who has felt it throb and pulsate within the depths of his sincere heart. In this world, man feels gratitude for what he receives from another. While the human being feels gratefulness for earthly help and favours and for gifts of the world, material, and therefore necessarily limited and temporary and transitory in their nature, verily how much more and how far greater would be his gratitude for the spiritual help and the gifts of divine grace and light that the Satguru or the perfected Master bestows upon him. The Satguru showers upon him the gift of eternal beatitude, perennial spiritual joy. He leads him on to immortal life and the state of infinite felicity. The disciple is thus linked to the Master with sweet bonds of eternal gratitude and limitless love. The Jiva bound up in Samsara finds its release in the saving grace of the Satguru. This is the secret behind the unique and wonderful

relation between the Guru and the disciple in India. This spiritual relationship is mysterious and marvellous and its essence is the perception by the disciple of the fullest divinity in the Guru.

To regard the Guru as God is the most important thing in spiritual life. To make not the least distinction between Guru and God is an indispensable requisite in the path of discipleship and the process of spiritual unfoldment. Declares the Shwetashwatara Upanishad :—

यस्य देवे ेर्रा भक्तियथपा देवे ितथा गुरौ।

ितस्यैकथिा ह्यथाःप प्रकाशन्र्े महात्मनाः ।।

"To him who has supreme devotion to God and as much devotion to the Guru or spiritual preceptor as to God, to such a high-souled one will shine forth the (innermost), meaning of these truths expounded unto him". (6th chapter-Sloka 23.)

Similarly, it is stated that the supreme object of meditation is the person of the Guru, worshipful indeed are his lotus-feet, his utterances are as sacred scriptural texts and his Grace is the source of salvation. Hence, to adore the Guru and to worship him is a part of Yoga-sadhana. Such glorification is identical with glorification of God Himself, whom the disciple sees as no other than the Guru. It is regarded, and rightly too, as a spiritual exercise that strengthens the spiritual link with the Satguru, draws forth his Grace and brings about the awakening of spiritual consciousness in the disciple. This beautiful handbook of one hundred reverential and dedicated verses is the visible expression of such worshipfulness and gratitude of a disciple unto his divine Master. These verses constitute such a spiritual exercise as indicated above and are offered by the learned author Sri Swami Jnanananda Saraswati Ji Maharaj at the lotus-feet of His Holiness

Satguru Sri Swamiji Sivananda Bhagavan. Through his orthodox upbringing right from his childhood, Sri Swami Jnanananda is steeped in the traditional lore of our culture and is not only deeply religious, but also cherishes deep reverence to the traditional ideals. His love for Sanskrit and his erudition in this classical language are equally great. Coupled to these was his keen aspiration for the realisation of the

spiritual ideal and this drew him powerfully towards the holy feet of Sri Satgurudev and his abode in the Himalayas by the sacred Ganges. From the moment of his contact with His Holiness Swami Sivanandaji, his surrender has been complete and his dedication whole-souled. He has striven to identify himself with the lofty spiritual mission of Jnana-yajna being carried on by his Satguru and has plungea himself with great zeal and devotion in this work.

In Sri Swami Jnanananda Saraswati, we have a noble example of dedicated discipleship. He is a Sat-sishya who is absorbed day and night in the service of the Guru's mission. He knows no other thing than the Seva of his Guru for the furtherance of great spiritual work. He wishes for no rest. He says, "My life has become supremely blessed by coming into contact with Satguru Sivananda Bhagavan. Anandakutir is my heaven. By graciously taking me into his divinefold, Sri Satgurudev has bestowed upon me the highest blessedness. He has been the giver of spiritual light. At his feet do I find my Paramdham, my Moksha, and my supreme Kaivalya. His service is my meditation. Glory to my holy Master, who is to me none other than Lord Siva Himself."

The above veneration and devotion has often and on found their expression in verses of great charm and beauty and literary grace. They are the spontaneous outflow of Swami Jnanananda's Guru-bhakti and Prem and they are the beautiful flowers that he offers with love at the lotus-feet of the Guru. This collection of these verses are of inestimable value to all seekers and spiritual aspirants. They are of immense practical use in one's Sadhana too. For, these verses embody the quintessence of Guru-bhakti and reveal the spirit of true discipleship. They teem with wealth of sentiment bringing out the Bhava of the devout disciple and the seeker athirst for the grace of the Guru that bestows release and relief from the fire of Samsaric existence. A regular study of these verses will in itself doubtless form a spiritual education to seekers on the path. These verses are touchingly devotional and throbbing with Bhava and fervour. They thrill, inspire and elevate. They instantly evoke a mood oi worshipfulness and attitude of prayerfulness. We feel that this little volume should find a place near the altar and place of meditation of all earnest Sadhaka and spiritual aspirants. Through these verses the pious author, Sri Swami Jnanananda, has rendered a great service to the aspirant-world. He deserves the warmest congratulations. These verses have already won the hearts of the readers of "The

Yoga-Vedanta Forest University Weekly" in which they have been regularly serialised. I wish this little volume the ready reception and the widest circulation, which I feel it richly deserves.

I pray that the Lord may bestow His choicest blessings and abundant grace upon the worthy author.

Shivanandanagar Swami Chidananda
1st May 1956

FOREWORD

Sanskrit is said to be the language of the celestials. It is the purest of the several existing media of expression and has the advantage of containing in its words, in a root-form, the hidden significance of what they denote. Sanskrit is a majestic language. It is very sweet and dignified. The other languages of India largely draw from the store-house of Sanskrit. Sanskrit is very elastic, too.

There is a remarkable and holy atmosphere associated with Sanskrit. The study of Sanskrit instills a kind of devotion and exalted feeling in one's heart and generates a higher emotion. Sanskrit was first mostly used in religious literature. But later, it became the voice of every branch of learning in India. Once it was also the spoken language of the Indian people. Kings used to patronise Sanskrit poets and there was a great renaissance of Sanskrit culture everywhere. Unfortunately, today people are inclined to dub Sanskrit as a dead language. No. It cannot be dead. In the heart of the Indians, there throbs the spirit of Sanskrit. This can never cease. The Indian's love for Sanskrit cannot die.

Not only this; even great Western scholars have been attracted by the greatness and grandeur of Sanskrit. There have been in the Western universities special chairs established for carrying on research work in Sanskrit Literature. There is a great need now to renew such research and bring once again to practical application in life the use of the Sanskrit language and make it the common language of India.

Swami Jnananandaji, a monk of deep scholarship in Sanskrit, who presents to the public this bouquet of charming verses, combines in them the beauty of Sanskrit with the glowing spirit of the religious aspirant. He has taken special care to make the composition as delightful as possible and produce in the young generation of coming India a thrill of the magical touch of the superbness of Sanskrit. The Swamijl commands Sanskrit not as a dead language but as a language intensely alive even today, and fit to evoke the admiration of the learned. He handles the language in a most genuine and practical manner. His verses are the natural expressions of his mastery over the style and vocabulary of Sanskrit, combined with an equally great ability to handle the various metres of its poetry.

Swami Jnananandaji truly deserves the approbation of all lovers of Sanskrit for his poetry which is enlivened with a beautiful diction and a facile style. It seems evident from these verses that he possesses the equipments necessary for being the author of Sanskrit Kavyas. Students of Sanskrit owe a debt of gratitude to the Swamiji for these graceful compositions of his, which are at once gripping and flowing. I wish him all success in his noble endeavours.

Shivanandanagar — Swami Krishnananda
25th April, 1956

शशवानन्दस्त्रिरुषराजांश्च

शशवानन्दस्तोत्ररुषराजांश्च

ॐ

जयतु ुजगदुपास्यो जीववकारुण्योशश-

नयववनयववेके ैः द्योतमानाधतिंगैः

ननयमयमपववत्रो ददव्यतेजोववलासैः

प्रयतभववकशीलैः श्रीशशवानधदयोगी ।।१।।

Victory to the great sage Swami Sivananda, who is worshipped by the whole world, who is full of compassion towards all living beings, who has got a pure mind expressive of modesty, discrimination and tenderness, who is purified with the practice of Yama and Niyama, who is shining with divine splendour and who is endowed with benevolent nature.

नमस्ते ेगुरुदेवाय नमस्ते पुण्यमूतयेव ।

नमस्ते ेश्रीशशवानधदमुनीधद्राय महात्मने े।।२।।

Salutations to the great sage Swami Sivananda, who is the world-preceptor and the

embodiment of righteousness.

करुरावरुरागिां तरुरारुर्तेजेसम् ।

शिरागतमधदिां शशवानधदं गुरुं भजे ।।३।।

Him who is the ocean of mercy, who has the splendour of the rising sun, who is the boon-bestowing tree to all who seek refuge at his feet, Him, my Lord Sivananda I adore.

अत्यधतननमलवात्मानं प्रत्यग्रप्रनतभान्धवतम् ॰।

शुरुत्यधतबोधविाशशं ंशशवानधदं गुरुं भजे ।।४।।

Iadore Gurudev Sivananda, whosemindis absolutely pure, whose intellect ever

shines withgreat prowess,andwhoistheocean of Vedantic wisdom.

सवलवोकसमिाध्यं शवनवनलीनमानसम् ॰।

शविवीशाननं वधदे शशवानधदं महामुननम् ॰।।५।।

Idevoutly worship the great saint SwamiSivananda, who is worshipped by the whole world, whose mind is ever absorbedin Lord Siva, and whose face beams like

thefull moon.

वीताधतसंसिागदाददवतानां

वेदाधतबोधौषधदानदीक्षम् ॰

वधदारुमधदिाममधदकीनत व

वधदे शशवानधदमहामुनीधद्रम् ॰।। ६ ।।

Salutations to the great sage Swami Sivananda, who is always engaged in giving medicine of Vedantic-knowledge to those afflicted by the disease of Samsara, who is the Divine Tree to those who take shelter at his feet and who is gloriously known

far andwide in the world.

मधदाककनीतिीकुटिीवासं

मधदेतिानधदकिं जनानाम् ॰

वधद्याकृनतं ंवण्यगुवर्ाम्बिुाशशं ं

वधदे शशवानधदमहामुनीधद्रम् ॰।।७।।

Salutations to the great sage Swami Sivananda, who has his abode on the bank of the Ganga, who gives great joy to the people, whose form is adorable and who is the ocean of praiseworthy attributes.

गचदानधदरूपं ंसदा गचधतयधतं

मुदाधिामोंकिामेवोच्चिधतम् ्

भवाम्भोगधमग्नान् ् जनानुद्धिधतं

शशवानधदयोगीधद्रमेवाश्रयेऽहम्।।८।।

Itake refuge in the greatsageSwami Sivananda who is ever meditating on Chidanandarupa (God), whoisthefountain of joy, who is always uttering 'Om' and who is the saviour of thosewhoaresinking in the ocean of birth and death.

अहो भाग्यमुत्कृषटवेदाधततत्त्वा -

धयहिोत्रमस्मान् ्समुद्बोधयधतम् ्

नवामधदचतधयमुद्दीपयधतं

शशवानधदयोगीधद्रमेवाश्रयेऽहम् ्।।९।।

We are immensely blessed as wehave taken refuge at the holy feet of Swami Sivananda, who is always teachingus the Vedanta-philosophy and awakening new consciousness in us.

संसिाम्भोननगधननपनततान् ्तत्तटं प्रापयधतं

कंसिाानतं ंकलुषशमनंसधततं गचधतयधतम् ्

तं सिाधतैःकिर्ममलं श्रीशशवानधदमूनत व

पुंसां श्रेेषठं पुरुगुर्ननगधं ंपुषटपुण्यं भजेऽहम् ्।।१०।।

Idevoutly adore the great sage Swami Sivananda, who is ever engaged in saving those who are drowned in the ocean of Samsara, whose mind is always absorbed in

meditation on Lord Krishna, the destroyer of all sins, who is the foremost among men, who is the abode of all virtues, who is the embodiment of righteousness and who possesses a pure and magnanimousheart.

ननत्यानधदं ननरुपमतमं ंननत्यमालोकभाजां

प्रत्यग्राद्रव प्रकटसुखदाभाषर् वधवयवधतम् ्

प्रत्यक्षोद्यद्दनमणर्ननभं श्रीशशवानधदमूनत व

शुरुत्यधतज्ञं ंशुरुनतसुखपदं भावये ववश्ववधद्यम् ्।।११।।

Iworship Swami Sivananda, who always increases the joy of the devotees by his pleasing and kind words, who is radiant like rising sun, who possesses a knowledge ofVedanta-philosophy and who is adored by the entire world. vast of amount

नमैः पिमकारुण्यशाशलने ददव्यमूतयेव ।

शशवानधदमुनीधद्राय लौकेकगिुवे नमैः ।।१२।।

Prostrations to the great sage and world-preceptor Swami Sivananda, whose kindness is boundless and who is the very embodiment of Divinity Itself.

अस्मत्पिमभाग्यकफलानयतववलोकनम् ्।

गुरुदेवं शशवानधदमुननवयमुवपास्महे ।।१३।।

We worship our Gurudev Swami Sivananda whose Darshan we are having as the fruit of our great fortune.

सवज्ञं सततं समस्तववबुधशे्रेरी्समिागधतं

भूतव्रातदहतं ंगगिीधद्रननलयं संगीतलास्यवप्रयम् ्

गंगासततमनस्कमुत्कटतपोननषठं शशवानधदस-

द्योगीधद्ंरं मनतमधतमीश्विसमं वधदे जगद्वेशशकम् ्।।१४।।

Iworshipfully adore great saint Swami Sivananda, who is like Lord Siva with the crescent moon, who is attached to Ganga, who is ever engaged in austere penance, who takes delight in music and dance, whose abode is in the Himalayas, who is evenly disposed to all creatures, who is always adored by all wise people and who is omniscient.

उत्फुल्लाम्बुजकोमलाननगलत्कारुण्यमधदन्स्मतं

कल्पानोकहकल्पमागश्रतजनप्रोद्यत्कृपाकधदलम् ◌्

अल्पाधयोत्तमसद्गुरु् कननलयं ददव्यं ◌ंशशवानधदस-

द्योगीधद्ंरं भवशसधधुमधनशिरं् वधदे सदिागधतम् ◌्।।१५।।

Adorations to the great divine sage Swami Sivananda, who is the refuge of those who are immersed in the quagmire of Samsara, who, like the wish-yielding tree, is kindly giving everything to those who take refuge in him, from whose blossomed lotus-like face flow the compassionate smiles and who is the abode of innumerable good qualities.

यैः प्रत्यग्रववशशषटतत्त्वभरितं ददव्योपदेशामृतं

लोकेभ्यस्सततं ददानत दुरितं ननश्शेषमुधमूलयन् ◌्

ननत्यानधदपदावबोधनिनतं ◌ंमत्र्येषुसंवद्धवयन् ◌्

स्तुत्यहोत्र ववभानत सधमतशशवानधदाय तस्म नमैः ।।१६।।

Prostrations to Swami Sivananda, who is the oceanofpraiseworthy qualities, who generates eagerness in men to attain the state of everlasting happiness, and whose nectarine words, conveying the Supreme Wisdom,arecapable of annihilating the misery of this Samsara.

यं सवे ◌ेसमुपासतेसववनयं सवेशतुल्यं सदा

यस्याधयादृशवभवस्य चरितं गायन्धत लोका मुदा

येनाववषकृतददव्यजीवनसभा संस्थावपता भूतले तं पुण्याकृनतमुत्तमं हृदद शशवानधदं सदा भावये ।।१७।।

Ialways worship Swami Sivananda, who isadored by all as God-incarnate, whose unparalleled glorious life-history sung happily by people at large, who has is

established theDivine LifeSociety, and whoisgreatest among virtuous people.

यस्यानुत्तमकोमलाननगलत्कारुण्यमधदन्स्मते

नानालोकननवाशसनो जनगरा् हृषयन्धत मग्नाशयौः

यं संसिासमुद्रमधग्नशिरं् संसेव्य सवे ेजना

स्सानधदं ननवसन्धत सधमतशशवानधदाय तस्म नमैः ।।१८।।

Prostrations Swami to Sadguru Sivananda, whoisendowed with a smiling face, betokening his infinite mercy and purity of heart,inwhose proximity, people coming from different parts of the world feel delighted,whoisthe sole refuge of those who are sunk deep in the ocean of Samsara, and servingwhom the people are living happily.

यद्वतत्राम्बुजदशनेवन कुमनतस्तूर् वसुशीलो भवे े-

द्यद्वातयामृतृमावपबन् ्जडजनैः क्षक्षप्रं ंत्यजेधमधदताम् ्

यद् ध्यानोत्सुकभततलोकननवहो मोक्षायने संचै-

त्तस्म सद्विुवे नमोन्स्त्वनत शशवानधदाय ददव्यषयेव ।।१९।।

Iworship the great sage Swami Sivananda, by whose mere Darshan, the wicked becomes virtuous; by drinking the nectar of whose sweet words, the dull-witted soon becomes wise, and by whose meditation, sincere devotee treads the path of liberation.

यन्स्मन् ्ववन्स्मतमानसास्सुमनसस्सधदशनवाकांक्ंषक्षर्-

स्सामोदं समुपागता नुनतसुमस्रग्वषरं् कुवतेव
यस्यानधदकुटीवासकुतुकादायान्धत नानाजना
ददव्यवषप्रवविाय सधमतशशवानधदाय तस्म नमैः ।।२०।।

Salutations to Gurudev Swami Sivananda, thegreatest Rishi of the age, for whose Darshan people from various places of the worldflock to Ananda Kutir, fired with the love of living in his presence, and on whomthey shower the flower-garlands of praises with purified heartand wonder-filledeyes.

यद्वतत्राम्बुजननस्सृतृाशमतसुधासून्ततप्रवाहोत्कि-
प्रोद्भूतागधकशलप्सया निगर्ा यं सवदवोऽऽपासते
येनाशास्यगुरुेन दत्तमणखलं वेदाधततत्त्वंमुदा
सवेभ्यस्सकलवषसवत्तमशशवानधदाय तस्म नमैः ।।२१।।

Devout Pranamas to the greatest saint, SwamiSivananda, who has propagated the teachings of Vedanta throughout the length andbreadth of the world, whom people always worship with great desire of listeningtothe infinite flow of the nectarine gospel issuingfrom hislotus-like mouth.

यद्वातयामृतृमाधुिगुरुगर्ानाकण्य वदिूाज्जना -
स्सवाण्वयाशु ववसृजूय सधततमृषृीकेशं समायान्धत ते ◌े
वकुण्ठोपमपुण्यभूतलशमदं दृष्वा कृताथान्वश्चिं
यत्पादं समुपासते शशवशशवानधदाय तस्म नमैः ।।२२।।

sweet Prostrations to Swami Sivananda, to beholdwhom people after hearing the innumerable qualities of his nectar-like words, flowto Rishikesh which is holy and equal to Vaikuntha, and after seeing whom and infulfilment of their desire, they worship his feet for a pretty long time.

यस्याधयादृशव भवस्य चरितं सल्लोककर्ामृवतृं ं

यद्दव्याकृनतदशनंव सुकृनतशभलभ्वयं शुभोदकवदम् ्

यधनामश्रवर्ं समस्तजनतासंसितापापहं

साषटांगं प्रर्माशम तं शशवशशवानधदं सदानधददम् ्।। २३ ।।

Prostrations to Gurudev Swami Sivananda, the giver of eternal joy, whose unparalleled glorious life-history is nectar for all virtuous people, the sight of whose divine form bestows prosperity attainable only by the meritorious people and the hearing ofwhosenameiscapable of destroying the worldly miseries of all.

ननत्यानधदमशेषजीववननवहेषवत्यधतमुत्पादयन् ्

स्तुत्यानर्ववशशषटशीलननलयैः प्रौढप्रभाभास्वैः

प्रत्यग्रप्रचुिप्रभाववववभवैः शुरुत्यधतबोधाकिो

नुत्यहो जयताद् जगद्गुरुशशवानधदैः सदासेववतैः ।।२४।।

Victory to Jagadguru Swami Sivananda, who is generating eternal happiness in all the creatures of the universe, who is the abode of all good qualities, who is shining with great splendour, who is endowed with the unique power of propagating the highest human ideals in every nook and corner of the world, who is the treasure-

house of Vedanticknowledge andwho is always served by good people.

प्रत्यक्ेषेश्विसन्धनभंप्रनतददनं प्रत्यग्रतत्त्वोत्सुकं

प्रत्यूहप्रकिाधधकिादलनप्रद्योतनप्रक्रमम् ्

प्रत्यासधनशुभप्रकषवपशुनालोकप्रदं देदहनां

प्रत्युत्पधनमनतं ंजगद्गुरुशशवानधदं सदा भावये ।। २५ ।।

Ialways meditate on Jagadguru Swami Sivananda,who is veritable God on earth, who is constantly engaged in the contemplationof the ultimate Truth, who is

destroying the ignorance of aspirants, like the sun destroying darkness, whose Darshan indicates the ensuing prosperity in the lives of devotees and whose intellect is of a creative nature.

ननस्तधद्ंरं ननिवद्यकमनवनितं ननस्स्वाथसेववापिं

ननस्तक ननगमाधतसिापठनान्धनषपधनबोधोदयम् ◌्

ननस्तुल्यं ननणखलाशभवधद्यमनरं् ननशलप्वतमाशागरै्ः

प्रस्तुत्यं सुगुरा्किं शशवशशवानधदं सदा भावये।। २६।।

Icontemplate on Jagadguru Swami Sivananda, whois always engaged in doing good and selfless actions without any sort of indolence,who is indisputably possessed of the knowledge born of the intensive study of theVedanta, who is unparalleled in his glory, who is worshipped by the whole world,who is sinless and untainted by cravings and desires and who is endowed withpraiseworthy qualities.

कल्यारा्लयमद्भुताशमतगुरुा्भ्भोगधं ◌ंववशालाशयं

तुल्यापेतसमज्ञमुत्कटतपोननषठं प्रसधनाननम् ◌्

शल्यावेशवशंवदान् ◌्जनचयानाश्वासयधतं सदा-

सल्लापामृतृसेचनशशवशशवानधदं सदा भावये ।। २७।।

Imeditate on Gurudev Sivananda, who is theabode of all blessedness, who is the ocean of infinite and wonderful qualities, whoismagnanimous heart, endowed with who has incomparable fame, who is steadfastinhis austere penance, whose face radiates with beautiful smile and who is consoling,through his nectarine teachings, those people who are entangled in this Samsara.

कल्यारा्नां ननधानं ◌ंकशलमलशमनं सन्च्चदानधदलीनं

तुल्यापेतप्रभावप्रकिववलसनाद् द्योनततताशावकाशम् ◌्

शल्यावेशादशेषान् ◌्सदयमववितं पालयधतं स्वसूतत्या -

वल्या पीयूषवषेरिव भजत शशवानधदयोगीधद्रमेनम् ॥२८ ॥
Worship this Yogi Swami Sivananda, who is the embodiment of all the good qualities, who is capable of destroying the defects of Kali-Yuga, who is always established in Satchidananda (Existence- Knowledge-Bliss Absolute), who illumines the entire world with his incomparable greatness and who, by the shower of his inspiring teachings, is protecting those who are drifting in the ocean of Samsara.

वेदाधतिामभूमाववविलववलसत्तत्त्वसूनप्रकाण्डा-

धयास्वाद्यास्वाद्य हृद्यं ंप्रर्वमयमहागीतमेवालपधतम्

आकृषटानेकलोकं मुननववककिवपक शे्रेषठवद्राजमानं

वधदे वधदारुवृधृदागचतवचिर्युगं श्रीशशवानधदमेनम् ॥२९॥
Iadore Swami Sivananda, who, like a nightingale (Kokila bird) among the birds of sages, having tasted again and again the honey from the flowers of the teachings in the garden of Vedanta, is chanting the melodious song of Omkara, thereby attracting the whole world to him, and whose holy feet always are worshipped by the sincere devotees.

कारुण्यालोकसंभाववतजननवहं ननत्यमालोकभाजां

कालुषयावेशनाशोत्सुकमणखलजनाशास्यददव्यप्रभावम्

कामक्रोधाददहीनं ननजमनशस जगत्साक्षक्षरं् वीक्षमारं्

काषठाधतोदीर्कवीनत िंहृदद भजत शशवानधदमानधदमूनतम्

व ॥ ३० ॥
Worship devoutly Swami Sivananda, the embodiment ofBliss, who delights the hearts of people by his gracious and compassionate glance,who is always keen in destroying the sins of his devotees, who is greatly regardedby all, who is devoid of desire, anger, etc., who sees the Supreme Being within himself, and whose fame is world-wide.

नानालोकाशभवधद्यं ननिवगधननगमाधीनतलब्धावबोधम् ◌्

मानातीतानुभावं मदहतगुर्गर्ो्दिाकेदिाभूतम् ◌्

दीनापीनानुकम्पातिशलतमनसं ददव्यतेजोववलासम् ◌्

ध्यानालीनाधतिंगं हृदद भजत शशवानधदयोगीधद्रमेनम् ◌्।। ३१ ।।

the Worship the great Yogi Swami Sivananda,who isadored by people from different parts of the world, who possesses theknowledge born of the study of innumerable scriptures, who is endowed with infinite fame, who is treasure-house of all virtues, whose heart melts at the sight ofthe needy and miserable, who is

shiningwith divineeffulgence and who is deeplyimmersed in meditation.

सौमुख्यं सधततंसज्जननननवहसमाशास्यसत्कमनवनषठा

वमुख्यं पापकृत्येषवणखलपनतपदाम्भोजभन्ततप्रकषैःव

इत्येवं ◌ंददव्यभव्यप्रकटगुर्गर्ाम्भोगधिानधदमूनतैःव

स्तुत्यहानवर्शवीलो जयनत गुरुवैः श्रीशशवानधदयोगी ।।३२।।

Victory is to the great ascetic and Yogi Swami Sivananda, who is endowed with ideal character, who is always of an amiable nature, who is ever engaged in doing such work as is praised by virtuous people, at the same time, is averse to sinful acts, who is intensely devoted to God, who is the ocean of all divine qualities and who is

the embodiment ofPure Bliss.

लोकक्ेषेमाय ननत्यं ◌ंननजमनशस जगधनायकं प्राथयवधतम् ◌्

शोकक्षामाय नृर्ूां समुगचतसुपथान् ◌्सधततंदशयवधतम् ◌्

स्तोकव्याहिापानाशनभजनगुरुन् ◌्बाढमुद्बोधयधतम् ◌्

योगासीनं ◌ंमहाधतं हृदद भजत शशवानधदयोगीधद्रमेनम् ◌्।। ३३ ।।

miseries Worship in your heart the great sage Swami Sivananda, who always prays for the welfare of the whole world and of the attenuates the worldly-minded by giving them proper guidance in the noble path to be followed, who constantly gives instructions to them to have moderation in food, drink, speech, etc., and who is always established in Yoga.

वेदाधतोत्कृषटतत्त्वाधयणखलजनगर्ान्ननत्यम्मुतत्वाननताधतम्
मोदावेशप्रकाशप्रकिमववितं गाढमुत्पादयधतम्
सादापेतं सुकमाण्वयनवितमिं कतुकवामं ननकामम्
लोकाचाय िंमुनीधद्रं हृदद भजत शशवानधदमानधदकधदम् ।।३४।।

Adore the great sage and Jagadguru Swami Sivananda,who is the abode of bliss, who is ever busy in propagating the high philosophicaltruths among people which bestow supreme happiness upon them and who is alwaysdesirous of doing virtuous acts without any kind of weariness.

कारुण्यालोकजालस्सकलजनचयान् ननत्यमाह्लादयधतम्
कालुषयाशेषववध्वंसनववदहतमनतं ंववश्वलोकाशभवधद्यम्
कामाद्युग्रारिदहंसांननपुर्मनुपमामेयददव्यप्रभावम्
सीमातीतानुकम्पं हृदद भजत शशवानधदमानधदमूनतम्व ।। ३५ ।।

the Worship Swami Sivananda, embodiment of bliss, whomakes all people happy by his graceful glance, who has set his mind to annihilateall evils from the world, who is universally adored, who is skillful in destroyingthesix-fold inner enemies, who is endowed with incomparable greatness and whosecompassion is limitless.

लोकक्ेषेमोत्सुकमववितं ंमानवानां कृपादा-व
लोकस्तोमिशमतकुतुकुं वधयवधतंननताधतम्
शोकच्छेदे भवगदजुषामुद्यतं ददव्यभव्या-

लोकव्रातस्फुरितवपुषं श्रीशशवानधदमीडे ेे।। ३६ ।।
Iworship Swami Sivananda, who is alwayskeen about the welfare of the whole world, who, by his graceful looks coupled with a compassionate heart, is capable of generating limitless joy in the hearts of the people, who is bent upon destroying the miseries born out of the disease of Samsara and whose beautiful form shines with

divinesplendour.

वेदप्राज्ञंववमलमनसं ववश्वलोकाशभवधद्यं

भेदप्रज्ञिादहतमननशं ब्रह्मलीनाधतिङ्गम् ्

वीततलेशं ंववववधजनताशमसवधधानकृत्य -

व्रातस्थेमश्रमकिमलं श्रीशशवानधदमीडे ेे।।३७।।
Iadore Gurudev Sivananda, who is pure-hearted, who is well-versed in the Vedic Knowledge, who is honoured by the whole world, who is endowed with equanimity ofvision, whose mind is ever established in the Supreme Being, who is indefatigably engaged in bringing happiness to the miserable people, without caring about his

bodilycomforts.

मधदस्मैाननसमुददतात् ्सून्ततपीयूषधिाा-

वृधृदस्यधदादणखलमनुजान् ्भन्ततमाग िंनयधतम् ्

कधदपारविं ंकलुषशमनंगचधतयधतं प्रवृद्धा-

नधदस्वाधतं ववशदयशसं श्रीशशवानधदमीडे ेे।।३८ ।।
Adorations to great saint Swami Sivananda, who leads all the people in the path of devotion by the perennial flow of his nectarine teachings born of his smiling face, who always contemplates on Lord Siva, the enemy of cupid and destroyer of all sins,

and who is endowedwith blissful nature and unblemished fame.

ओशमत्येकाक्षिसवविलामोदपूव वजपधतं

भूमीधद्राद्य िवप शुभगर्यायाधवहं सेव्यमानम् ्

ज शमधयुन्ततप्रवचनितं ंसान्त्वकोदिाकम-व

स्थेमीभूतं ंभुवनववददतंश्रीशशवानधदमीडे ेे।। ३९ ।।

Prostrations to Swami Sivananda, who is always chanting the monosyllable OM with infinite joy, who is served every day even by royal personages in expectation of material prosperity, who is ever engaged in expounding the significance of Dharmic life, who is always interested in performing Sattvic (good and virtuous) actions, and

whoseglory isworld-wide.

ननिगलववननगलवन्धनगमसून्ततसिामृतृ -

ननिवस्तननणखलामयं ननशशतशेमुषीव भवम् ्

ननिधतिववननस्सृतृाशमतकृपाकुलालोकनं

ववितजनसत्तमं शशवमुनीधद्रमेवाश्रये ।।४० ।।

Itake refuge at the holy feet of the greatsage Swami Sivananda, who has destroyed all afflictions of people by the incessantnectarine flow of the scriptural teachings, whose intellect is very sharp, whoisconstantly bestowing his graceful and compassionate glance on his devoteesandwho is the gem amongst dispassionate people.

समस्तजनपून्जतं ंशमदमाददशभश्शोशभतं

सुमत्यगवर्वत्सलं सुमधुिोन्ततपीयूषदम् ्

अमत्यतवदटनीतटे शुभकुटीवासवप्रयं

नमज्जननननषेववतंशशवमहवषमेववाश्रये ।।४१।।

Iseek shelter in the great saint SwamiSivananda, who is adored by all, who shines with the power of self-control, who isdear to virtuous people, who is the giver of nectarine teachings, who is fond of livingin a serene Kutir on the bank of the river Ganga, and who is always served by hisloving devotees.

ववशालतिवीक्षरं् ववशदकीनतपवात्रं त्रयी-

ववशिादमुदिासच्चरितमद्भुतालोकनम् ्

ववशांपनतसमगचतंव ववषयबधधहीनंसदा

ववशाखवपतृसेृवकं शशवमुनीधद्रमेवाश्रये ।।४२।।

Ihumbly take refuge in the great sageSwami Sivananda, who has a very broad outlook, who is worthy of great fame,whois well-versed in the Vedas, who has a noble character, who will strike everyonewith wonder at the very first sight, who is worshipped even by kings, who is devoidofall sensual attachments, and who always
worshipsLord Siva.

सोिजसदृशाननं सिलकोमलालावपनं

ववोिचनसुोिगचषं ववितलौककककाशाचयम् ्

पोिपकृनततत्पिं परिर्तात्मववद्याबलं

प्रोिहदशमतार्दिं शशवमुनीधद्रमेवाश्रये ।। ४३।।
Idevoutly take shelter in the great sageSwami Sivananda, who has a lotus-like face, whose words are sweet and melodious,who is equal to the sun in splendour, who has completely renounced all worldlyattachment, who is ever eager to serve others

and whoisendowedwith the powerbornof Self-knowledge.

समस्तजनसञ्चयं ंसततमात्मबोधोदयात् ्

समञ्जसगुरुार्किं भुवव ववधातुकामैः स्वयम् ्

श्रमप्रकिमुत्कटं प्रकटमेवे कुवन् व ्भृशं

यमप्रसिभास्वैः शशवगुरुुन्श्चिं ाजताम् ्।।४४।।

May the great sage Swami Sivanandashine eternally, who is desirous of transforming all the people of the worldinto the treasure-house of all virtues

consequent Self-knowledge, upon thedawn of who is incessantly engaged in this selfless effort, and who is shining withthe radiance of self-control.

ननिधतिववननगतवामृतृसमानसूतत स्सदा
ननिस्तननणखलामयं ननगमिाशशपिाङ्गतम् ◌्
ननिङ्कुशमनतं ◌ंनृरां ◌ंकुशलमागसवधदशकंव
ननिर्गुवरुसागिं शशवयतीधद्रमेवाश्रये ।।४५ ।।

Itake refuge in the great saint Swami Sivananda, who is capable of dispelling all sorrows by his ever-flowing nectar-like teachings, who has mastered all the scriptures, who is endowed with unmatched intelligence, who is a true guide for the spiritual aspirants, and who is the ocean of divine attributes.

अमत्यतवदटनीतटे समुपववषटमिाधना -
क्रमप्रवचनोत्सुकं प्रर्तशशषयसंसेववतम्
्अमधदगधषराबलं सकलसंशयोधमूलने
समथमवणखलेडडतं शशवयतीधद्रमेवाश्रये ।। ४६।।

Itake shelter in the great ascetic SwamiSivananda, who, sitting on the bank of Ganga, is giving Upadesha on the differentways of worshipping God, who is always surrounded by a group of humble disciples, who has got a sharp and powerful intellect, who is able to clear all doubtsofthe seekers with wonderful conviction, and who is adored by the whole world.

अवाच्यकदनास्पदाद् भवगदाज्जनान् ◌ि◌क्षक्षतुं
नवाययननर्निीक्षरे् कृतमनतं ◌ंजगद्वेशशकम् ◌्
ददवाननशमववश्रमं सकललोकसेवार्किं
शशवाख्यगुरुसत्तमं भववकशीलमेवाश्रये ।।४७ ।।

I take refuge in the good-natured and great world-preceptor, Swami Sivananda, who is immensely dedicated towards discovering the new ways for protecting those who are immersed in the mire of Samsara,the seat of untold miseries, and who is constantly engaged in the service of theworld at large without any rest whatsoever.

सवदवा सकललोकसेवनपायर्ं पिमपावनं

सवदवाननितं कृपाकुलववलोकनं ववमलभावनम् ्

शवगवचधतननननताधतलीनहृदयं समस्तदुरितापहं

शविवीशसदृशाननं शशवमहवषसवत्तममुपास्महे ।। ४८।।

Iworship the great sage Swami Sivananda,whois always serving the people, who ismost pure and beneficent, whose eyesareever filled with compassion, whose mind is always absorbed in the contemplationofLord Siva, who is the dispeller of allmiseries and who has a shining face likethemoon.

ध्यानशीलममलाशयं मदहततेजेसं सुकृतववग्रहं

मानवाणखलगुर्ावहाशभनवमागमवागर्वववचक्षर्म् ्

आननाम्बुजववननगलवधमधुिभाषर्ं भुवनभूषर्ं ं

दीनलोकपरिपालनोत्सुकमुपास्महे शशवमहामुननम् ्।।४९।।

Adorations to the great saint Swami Sivananda, whohascontemplative nature and pure heart, who is shining with great splendour, whoisan embodiment of virtues, who is always engaged in the investigation of waysandmeans for the welfare of the human race, from whose lotus-like face flows incessantlythe nectar of sweet words, who is a torch-bearer for the whole world, and whoisever eager to serve the poor and the miserable.

सिासाधद्रमधुिोन्ततवषशवशशशीकृताणखलजनोत्किं

सिासाक्षकमनीयरूपपरिलीनमानसमनेनसम् ्

भिातावननववशशषटनधदनमुदिाशीलमशमतौजसं

स्मैमन्ण्डतमुखाम्बुजं ंभजत सद्गुरुं शशवमुनीश्विम् ्।।५०।।

Worship the great sage Swami Sivananda who, by hissweet and wise words, is capable of cooling down the burning hearts of all people,whose mind is merged in the meditation on Lord Hari, who is sinless, who is the chosen son of Bharatavarsha (India), who is large-hearted, who is endowed with extraordinary splendour, and who has a smiling lotus-like face.

वर्नवीयचरितं भवामयववनाशन कननितं कृपा-

पूर्चेवतसमताधतकोमलकुशेशयोपममुखगश्रयम् ्

तीर्नवकववषयार्ववगतकक न्ल्बषं गुरुविं गुरो्-

दीर्मवानसमशेषमानुषननषेववतं शशवमुननं ंभजे ।।५१।।

Salutations to the great ascetic Swami Sivananda,whose life-history is worthy of being expounded, who is deeply engaged in theone task of annihilating worldly miseries, who is full of mercy, who has a beautifuland shining face like the louts-flower, who has got over the temptations of theinnumerable sensual objects of the world, who is sinless, who is endowed with themagnanimous heart and who is

adored bythe whole world.

सधततंसकलभूतजालदहतकाङ्गगरं् सिसभावषरं्

शाधतमानसमताधतकोमलमुखाब्जननस्सृतृमृदुनुस्मतम् ्

अधतकाधतकपदाम्बुजं ंशशवदमधतिंगसिसीरुहे

गचधतयधतमशमतादिं मनशस भावये शशवगुरूत्तमम् ्।।५२।।

Imeditate with intense devotion on Gurudev Sivananda, who is always interested in the welfare of all beings, who speaks sweetly, who has a serene mind, from whose beautiful face smiles flow and who always meditates on the lotus-feet of Lord Siva, the bestower of all- auspiciousness.

सिासाक्षकमनीयववग्रहववगचधतनकननितान् ◌्सदा

सिासाधद्रमधिुामृतृोन्ततशभिलं गचकीषुमवणखलान् ◌्जनान् ◌्

निादाददपरिगीतभन्ततपथदशनवोत्सुकमनितं

शिादामृतृकिाननं भजत भव्यदं शशवगुरूत्तमम् ◌्।।५३।।

Worship Gurudev Sivananda, who is alwaysengaged in creating the greatest desire in people to establish themselves in the contemplation of the beautiful form of Lord Vishnu through his meaningful nectar likesweet words, who shows the people glorious path of devotion to God, as expounded by great sages like Narada and who

hasabeautiful face like the autumnal moon.

द्रंदव्यतत्त्वभरितानशेषननगमान् ◌्ववतनवगर् नृर्व

भव्यदायकसनातनायनववलोकनाय परिबोधयन् ◌्

ददव्यजीवनसभां समस्तजनतादहताय वननवेशयन् ◌्

सुव्यवन्स्थतशुभोदयो जयतु सद्गुरुः शशवयतीश्वरैः ।।५४।।

Victory to Sadguru Sivananda who, through his valuable commentaries on the scriptures brimming with the divine truth, apprises the people of glorious Sanatana Dharma which bestows the highest good on them, who has established the Divine Life Society for the welfare of the whole world and who is firmly established in goodness and benevolence.

ननत्यननमलवसुशीलमागश्रतजनोत्किावनपायर्

कृत्यशभषटुतमुदीर्भवन्ततभरिताशयं दुरितनाशनम् ◌्

स्तुत्यसद्गुर्मुदिामानसमनेनसं सुकृतववग्रहं

प्रत्ययाकिमनितं भजत सद्गुरुं शशवयतीश्वरम् ◌्।।५५ ।।

Worship always the great saint Swami Sivananda whois pure-hearted, good-natured, is ever engaged in the protection of those who take refuge in him, who is praised by

wise men, who has a very devout mind, who is the dispeller of all miseries, whose qualities are praiseworthy, who is large-hearted and sinless, who is the embodiment of virtues and who is the repository God-consciousness. of

शश्वनधनश्विमेव ववश्वमणखलं ववश्वेशे्वि शाश्वते

ववश्वासोऽत्र ववधीयतां निगरि् ानधदसम्प्राप्तये

आश्वासोन्ततशममां ववतीय वसहसा संसिोगन्च्छदे

ववश्वाचायमवहवषसवत्तमशशवानधदाय तुभ्यं नमैः ।।५६।।

"This world is of fleeting nature; that whichiseternal is the Supreme Being. The worldly-minded people will do well in pinningtheir faith on Supreme Being for the attainment of Bliss." These are the consolingwords of the great sage Swami Sivananda, the destroyer of the disease ofSamsara. Prostrations unto Swami Sivananda who is the world-preceptor.

दवाधीनशमदं जगत् ्जननफलावाप्त्य जगत्साक्षक्षरै्ः

सेवाधीवलम्ब्यतामववितं सवैजगवद्वाशसशभैः

एवं सून्ततसुधाशभवषर्व तियादशदवदव्यषयेव

कवल्योत्तममागदवशकव शशवानधदाय तुभ्यं नमैः ।।५७।।

"This world is under the control of the Lord. To attain the goal of life, the people of the whole universe should always set their minds on the service of the Lord." The great sage is very much interested in showering such nectarine words and is worthy of being emulated. He is also a great guide in the path of salvation. Prostrations to such great sage Swami Sivananda.

संवेशाशनभाषरे्षु शमततां भूतानुकम्पांतथा

संवेगस्य ननिथकवत्वमणखलानुद्बोधयधतं ववभुम् ्

देवे ैकामरिपौ ननवेशशतमनतं ंददव्यं ंशशवानधदस-

द्योगीधद्ंरं समुपास्महे मुननजनोत्तंसं जगद्वेशशकम् ्।।५८।।
We worship the world-preceptor and great saint Swami Sivananda, who teaches all to be moderate in sleep, food and talk, to be compassionate to all creatures, to understand the futility of passion, and whose mind is always established in the

contemplation of Lord Siva.

आशापाशववशेषबधधववशा नक्रन्धदवं ंसंभ्रमा-

दाशाधतावगतावकाशमणखलं धावन्धत नानाजनौः

तलेशावेशवशाननमान् ्शुभपदं नेतुं प्रवृतूतं ंजन-

ाशिास्याद्भुतवभवं हृदद शशवानधदं सदा भाववये।। ५९।।
Imeditate always on Swami Sivananda who is endowed with wonderful prowess and is ever engaged in showing those people the path of righteousness, who having been entangled in the bondage of this Samsara, and being helpless run hither and

thither, impelled by the forceof afflictions.

सदा सकलसज्जनस्समशभवधद्यपादाम्बुजं

सदाशययशोयुतं ंसमववलोकनात्तादिम् ्

वदाधयविमुत्तमं वशशजनावतंसं ंसतां

मुदास्पदमुपास्महे शशवमुननं ंजगद्वेशशकम् ्।। ६० ।।
Iadore the world-preceptor Swami Sivananda,whose lotus-feet are worshipped by all virtuous people, who is famous forhislarge-heartedness, who is endowed with equal vision, who is of a most charitabledisposition, who is the greatest of all self-controlled ascetics and who is the abodeofjoy.

कलाननगधकलापसन्म्मशलतचेतसं गचत्कला-

ववलासववशदौजसं ववददतवेदसिोत्किम् ्

कलाकशलतकौतुकुं कलुषलेशहीनाशयं तुलिादहतसद्गुरूं शशवमुनीधद्रमेवाश्रये ।।६१ ।।

Itake refuge in the great sage Swami Sivananda, whose mind is fixed in Lord Siva, who is shining with the splendour of supreme consciousness, who is the knower of essence of Vedic teachings, who has great interest in various arts and sciences, who

isendowed with pure heart and unparalleledvirtues.

ननताधतववमलाशयं ननणखललोकसंसेववतं

कृताधतरिपुगचधतने कृतमनतं ंकृपापांपनतम् ्

अताधतगधषरा्बलं पिगुरे्क्षरा्कांक्ंषक्षरं्

मताधतिववशिादं शशवमुनीधद्रमेवाश्रये ।। ६२ ।।

Itake shelter at the holy feet of the greatsage Swami Sivananda, who is of sinless character, who is worshipped by the wholeworld, whose mind is ever absorbed in Lord Siva, who is the ocean of mercy, whoisendowed with great intellectual power, who is ever eager to work for the welfareofothers and who has got great knowledge

ofthe teachings of other religions.

भवार्वभवार्सवां भ्रमगरे्षु मधनान् ्जनान् ्

जवान्धनजकृपाप्लवं समवताय वसधतिाकम् ्

स्तवाहवगुर्सागिं मधिुसून्ततपीयूषदं

शशवाख्यमुननसत्तमं सुकृतमूनतमेववाश्रये ।। ६३ ।।

Iseek refuge in the great saint Swami Sivananda, who is the embodiment of virtues, who, with the ferry of his kindness, protects those people who are drowning in the Samsaric ocean, who is endowed with praiseworthy qualities, and who is the giver

ofthe nectarine sweet words.

अहो भाग्यं ंभाग्यं ंमधिुमधिोदिाचरितम् ्

महिोाशशं ंभव्यप्रगथतसुगुर्व्रातभरितम् ्

अहिोात्रं लोके भवगदववनाशकननितम् ्

शशवानधदं ददव्यं ननकटभुवव पश्याम्यववितम् ्।। ६४ ।।

Itis my good fortune that I see the great sage Swami Sivananda at close proximity, whose life-history is of a very, very sweet nature, who is the repository of divine effulgence, who is full of admirable and noble qualities and who is day and night engaged in protecting the people from disease of worldly the transmigration.

सदा सद्भधैः सेव्यं ंसकलगुर्सधदोहसदनम् ्

गचदानधदे लीनाशयमववितं स्मैवदनम् ्

मुदा कुतु ुलोकं सकलमननशं वीतकदनम् ्

श्रमं कुवधवतं ंतं प्रर्मत शशवानधदयशमनम् ्।। ६५ ।।

Prostrate yourselves with all devotion beforethegreat sage Swami Sivananda, who is always adored by good people, who istheembodiment of all virtues, who is continuously established in the bliss of SupremeConsciousness, who has a smiling face and who is always fervently workingforthe amelioration of the sorrows of mankind.

त्रयीतत्त्वं ंसाधिार्जनसुबोधाय सकलम् ्

शतातीतग्रधथैः सिलपदसंधातिगचतैः

स्फुटीकुवन्ह् ्धमायवनसततसञ्चिाननितैः

शशवानधदैः सोऽयंजयतु ुगचिमुत्या िंमुननवैः ।। ६६ ।।

May the great sage Swami Sivananda live in thisworld for many years to come, who has written more than hundred books, expoundingthe ideals of the Vedas in a very sweet and lucid style so as to be easily understoodby the common man of the world, and who is always keen about treading the path ofDharma.

भवाम्भोधौ मधनं ंमनुजगर्मुद्धतुमवणखलम् ्

ददविात्रं कमप्रवकिशमह कुवार्वमतुलम् ्

ननवाताब्जस्थेमे हृदद गगरिशमालोतय मुददतम् ्

शशवानधदं ददव्यं प्रर्मत जगद्वाशसजनतौः ।।६७।।

May the people of the world worship the great sage Swami Sivananda, who is always engaged in rendering invaluable service to redeem those people who are drowned in the ocean of Samsara, who is ever joyous having the vision of Lord Siva in his heart

which is as steadyas a lotus unaffected by wind.

सकलगुर्ननधानं सज्जनस्सेव्यमानं

सिसमधिुशीलं सवभूवतानुकूलम् ्

सववतृसृदृशभासं जाह्नवीतीवासं

भववकसुकृतरूपंश्रीशशवानधदमीडे ेे।। ६८ ।।

Iworship Swami Sivananda, whoisthetreasure-house of all good qualities, who is served by virtuous people, whoisofasweet and pleasing nature, who is evenly disposed towards all creatures, whoisshining like the sun, who is living on the bank

ofthe Gangaand whoisthe embodimentof auspiciousness righteousness. and

शुरुनतगतबहुतत्त्वाधयधवहं वीतशङ्क

शुरुनतमधिुवचोशभननभविंव भाषमार्म् ्-

नुनतपदमणखलानां ंश्रीशशवानधदयोगी-

श्विमतुलमनीषावभवं भाववयेऽहम् ्।।६९।।

Icontemplate on the great Yogi SwamiSivananda who is of incomparable intellect, who daily expounds the hidden meaningscontained in the scriptures, in his lucid and sweet words and who is worthy of beingpraised by all.

ननणखलननगमसिां ननत्यमुद्बोधयधतं

ननशशतमनतववशेषं ननववकविां ननीहम् ् ननिवगधजनवधद्यं ननमलंव लोकसेवा-

ननितमशमतबोधं श्रीशशवानधदमीडे ेे।।७०।।

Idevoutly glorify Swami Sivanandawho imparts to all the essence of Vedic Knowledge, who is endowed withanextraordinarily sharp intellect, who is devoid ofall cravings and modificationsofthe mind, who is devoutly worshipped by people, who is guileless, who is constantly engaged in the service of the world, and who is endowed with immeasurablewisdom.

सकलजनगुराथ ंसून्ततपीयूषधिाा-

ननकिशतमतधद्रं वषमवारं् ननकामम् ्

अनुपममदहमाढ्यं श्रीशशवानधदयोगग-

प्रविमतनुभतत्या सधततं भावयेऽहम् ्।।७१।।

Ialways meditate on the great sageSwamiSivananda with intense devotion, who is showering indefatigably and incessantly thenectar of his sweet words on people for

theirsupremewelfare,andwhosegreatnesshas no parallel in this universe.

जननमिर्शसधधौ संपतधतं ननताधतं

कदनमनुभवधतं ंलोकमुद्धतुकवामम् ्

सकलजनशशवाथ ंददव्यगीताथसविां

सततमुपददशधतं ंश्रीशशवानधदमीडे ेे।। ७२ ।।

Iadore Swami Sivananda, who is everdesirous of freeing those people from their afflictions who are plunged in the oceanof Samsara and who is always engaged in spreading the teachings of the BhagavadGita for the welfare of entire humanity.

ननिवगधननगमाधताधीनतलब्धावबोधं

ननिवितमुदीर्ध्वयानलीनाधतिंगम् ्

ननिर्मणखललोकक्ेषेममागेकगचधता -

ननितमशमतकीनत वश्रीशशवानधदमीडे ेे।। ७३।।

Iprostrate myself before Swami Sivananda, who has attained boundless knowledge by the intense study of innumerable scriptures, who is deeply immersed in meditation, who is sinless, who is always desirous of discovering ways and means for the welfare of entire world, and who is renowned far and wide.

परिर्तशशशबबम्बप्रोल्लसद्वतत्रपद्मो-

परि लसदनुकम्पापूर्मवधदन्स्मताद्रवम् ्

परिसिगतशशषयस्सेव्यमानं मुनीनां

परिवृढ्मनतददव्यं श्रीशशवानधदमीडे ेे।।७४ ।।

Iworship the greatest of all saints,SwamiSivananda, who is endowed with a shining face like the full moon, from whichemanate the cool rays of compassion, and who

isalways served and adored byhisdevoutdisciples.

ननणखलजननननषेव्यं ननस्तुलानर्शवीलं

ननशशतमनतववलासं ननयदवालोलभासम् ्

ननकटगतजनानां ननत्यमानधदपद्या -

ननकिमुपददशधतं ंश्रीशशवानधदमीडे ेे।। ७५ ।।

Iadore Swami Sivananda who is honoured by the whole world, who has a spotless character, who is endowed with sharp intellect, whose face is glowing with divine effulgence and who is a guide to all those people who approach him with a desire to tread the path of virtue.

सुरुगचिसुगुर्‌ानां ंसुधदिावासकेधद्ंरं ननरुपमशुभशीलं ननश्चलानधदसाधद्रम् ्

गुरुविमणखलानां ंश्रीशशवानधदयोगी- श्विमववकलपुण्यं भावये ददव्यरूपम् ्।। ७६ ।।

Iworship the divine form of the greatestsaint, Swami Sivananda, who is the abode ofall good qualities, whose greatness isunparalleled, who is filled with unalloyed

bliss, and who isthe worthy preceptor ofall.

मधिुमधिुवार्‌ीं ंसधततं व्याहिधतं

ववधुवदनमुदिां ववश्ववधद्यं ननताधतम् ्-

भवगदहिर्‌ोत्कं श्रीशशवानधदयोगग

प्रविमशमतकीनत वभाववये भावुकांगंम् ्।।७७।।

Imeditate on the greatest ascetic Swami Sivananda, who is the embodiment of goodness, who always speaks very sweetly, who is magnanimous and has a face shining like the moon, who is worshipped by the whole world, who is anxious to save people from the miseries of Samsara and who is immensely praised by the world at large.

परिर्तपरिबोधंपावनानर्शवीलम् ्

परिसिगतशशषयान् ्तत्त्वमध्यापयधतम् ्

परिलसदनुभावं सवदवा सवभूवतो

परि पतदनुकम्पं श्रीशशवानधदमीडे ेे।। ७८ ।।

Iadore Swami Sivananda who istheknower of the Supreme Truth, who is pure and ofan inestimable good character,whois always pleased to teach about Supreme Truth to his devout disciples, whoshines with great splendour and who is always showering his mercy on all thosewhoare needy and miserable.

वववधननगमबोधात् ्प्राप्तचेतोववकासं

सववधगतजनानां गचत्तमाह्लादयधतम् ्

अववितमणखलानां क्ेषेमकृत्य कदीक्ंषं

सुववददतयनतवय िंश्रीशशवानधदमीडे ेे।। ७९ ।।

Iworship the asceticofall ascetics, Swami Sivananda, who has attained to a very broad outlook by virtueof his intense study of the various scriptures, who instills happiness into all whoflock round him, who is always engaged in doing such work aswould bring welfarefor all, and whose fame is worldwide.

भववारिगधरि्रीमहोशमपवि -

भवपीडडतसंहननोऽहमिम् ्

शशवदेशशक ते पदपद्मगतोऽ-

भवमीश कृपालय पालय माम् ्।।८०।।

O My Lord! O GurudevSivananda!Thou are the embodiment of mercy; protect thy child who is much fatiguedhavingbeen caught between mountain-waves of the Samsaric ocean and whohastakenrefuge in thy lotus-feet.

करुर्ावरुर्ालय लोकगिुो

तरुर्ारुर्भास्विगात्र ववभो

शशवदेशशक ते मधिुोन्ततसुधा

शशवदा सततं जनतामवतात् ्।।८१ ।।

O Gurudev Sivananda! Thou art the world-preceptor and the repository of compassion and love, and thou art shining with great splendour like the rising sun. May the nectar of thy sweet words bestow immense auspiciousness on all the people.

अननशं मनुजान् ◌्सुजनान् ◌्कुरुते मुननपुङ्गव ते सुवचैः सुमते भववकामलसद्गुर्वारिननधे
शशवदेशशक ते चिरं्शिर्म् ◌्।।८२।।

O Gurudev Sivananda! Youareagreat sage; your words containing the seeds of your mighty intelligence purifyandlift the ordinary men of the world to the level of Dharmic life and you are alsotheocean of all good qualities, free from the taints of worldliness. I take refuge inyourlotus-feet.

भुवनेषवणखलेषु जनान् ◌्सुमती-
नवलोकनयतुं ◌ंननतिां श्रमवान् ◌्
नवकोमललेखनदानपैिः शशवयोगगवैिः
सुगचिं जयतात् ◌्।।८३।।

Victory to the greatascetic Swami Sivananda, who is incessantly striving for the welfare of all peopleand who is an adept in writing sweet and inspiring letters to his innumerable devotees.

शशवानधददव्यवषगवोत्रेधद्रजाता
पिब्रह्मपाथोगधमागाशवभयाधती
सुधासून्ततगङ्गा सदा ननगलवधती
जगत् ◌्सवमेवतत् ◌्पववत्रीकोितु ।।८४।।

May the sacred Ganga of nectar-like words, who takes her origin in the Himalayas of Swami Sivananda, flowing towards the ocean of the Supreme Knowledge of

Brahman, purify thewhole world.

भवाम्भोगधमधनान् ◌्जनानुद्धिधतं

नवामधदच तधयमुद्दीपयधतम् ◌्

ददविाात्रमुत्कृषटकमोत्सुकं तं

शशवानधदयोगीधद्रमेवाश्रयेऽहम् ◌्।।८५ ।।

Itake refuge in the great sage Swami Sivananda, who emancipates those who are plunged in the ocean of Samsara, who intensifies the effulgence of their subtle intelligence, and who is completely immersed day and night in doing selfless service.

समस्ताशभवधद्यं सुमत्याशवभनधद्यं

समालोकशीलंसमारूढयोगम् ◌्

समासाददतानेकेददव्यप्रभावं

शशवानधदयोगीधद्रमेवाश्रयेऽहम् ◌्।।८६ ।।

Itake resort in the great sage SwamiSivananda, who is worshipped and honoured by all, who is endowed with equanimity of vision, who is well-established in Yoga,

and whois endowedwith divinepowers.

ववशालावबोधं ववशशषटानुभावं

प्रशाधतारिषकं् प्रशस्तापदानम् ◌्

कृशानूपमोदीर्तेवजौशभदीप्तं

शशवानधदयोगीधद्रमेवाश्रयेऽहम् ◌्।।८७ ।।

Iyearn for the protectionofthegreat sage Swami Sivananda, who has vast knowledge, who is endowedwith magnificent greatness, who has destroyed the six-fold inner enemies, who haspraiseworthy attainments to his credit and who shines with great splendour like theblazing fire.

गंगानदीतटननवाशसनमाप्तकामं

तुंग ◌ानुभ ◌ावमनवद्यगुरु् ◌ाशभिामम् ◌्

संगावरुद्धमनसं ववनतोऽन्स्म चेतो-

गिवलोककतशशवं शशवदेशशकं तम् ॥८८ ॥

Iworship the great preceptor Swami Sivananda, who has his residence on the bank ofthe Ganga, whose all desires are fulfilled, who is endowed with glorious fame and sinless character, who is unattached, and who is established in the contemplation of

Lord Siva.

वधदारुवृधृदपरिसेववतपादपद्यं

मधदिादारुसममागश्रतजीवभाजाम् ॥

वृधृदिाकेधद्रसहजं हृदद वीक्षमार्

वधदामहे शशवगुरुं सुकृत कमूनतम् ॥८९॥

We adore the great teacher SwamiSivananda, whose lotus-feet are worshipped by many devotees, who is equal tothewish-yielding tree for those who take refuge in him, who has constant visionofLord Sri Krishna in his heart and who is the embodimentof allgood actions.

विाशशिाशशिशनाशननपाणर्मुख्य -

ीिगिधतं शशवमुनीधद्रमनर्शवीलम् ॥

सिाशभिाममधुिोन्ततसुधाम्बुपिूा -

सिाशभिन्ज्जतजनं शिरं् प्रपद्ये ॥९० ॥

Itake refuge in the great sage SwamiSivananda, who is adored by great kings, who isof spotless character, and who givesimmense joy to all through the incessant flow ofhis nectarine words.

पीनावबोधननलयंननणखलाशभवधद्यं

दीनावनकननितं ववमलाधतिंगम् ॥

नानागुरोदवशसतं ंमदनारिगचधता -

लीनाशयंशशवमुनीश्विमाश्रयेऽहम् ्।।९१।।

Iworship the great saint SwamiSivananda, who is the abode of vast wisdom, who isworshipped by all, who is everengaged in the protection of the poor and destitute people, who is of guileless nature,who is the embodiment of all good qualities and

whose mind is ever engaged indeepcontemplation on Lord Siva.

जनगर्गुर्कमाण्वयधवहं कतुकवामं

मनशसजरिपुरूपध्यानलीनाधतिंगम् ्

अनवितमुदीर्ज्वयोनतषा ाजमानं

ववनतजनपितं श्रीशशवानधदमीडे े।। ९२ ।।

Iworship Swami Sivananda, who is day and night engaged in the work productive ofthe maximum good for all people, whose mind is always absorbed in the meditation on Lord Siva, who is a shining star amongst the spiritual luminaries, and

whois always surrounded by his humble and sincere devotees.

अशभनवशुभमागान्व् ्मागयवन् ्मानवाना-

मशभरुगचमवगच्छन् ्भव्ययोगाय तेषाम् ्

अशभनुतगुरिशशैः सवलवोकाशभवधद्यो

जयतु ुसुगचिमेवं श्रीशशवानधदयोगी ।। ९३ ।।

May the great sage Swami Sivananda,who is every moment, as it were, conducting research into the novel paths to suit themental development of all aspirants, for their supreme welfare, who is worshippedby all people and who is a storehouse of praiseworthy traits, attain everlastingvictory.

अनुददनमनुवेलं सून्ततपीयूषवषे-

मनुवजननकितापं सवमुवधमूलयधतम् ्

अनुपममदहमाढ्यं ददव्यदीप्त्या वविाज-

त्तनुमणखलननषेव्यं श्रीशशवानधदमीडे ेे।।९४।।

Iadore Swami Sivananda, who destroys the miseries of worldly people by the shower of the nectar of his sweet wordsevery day, whose greatness is unparalleled,

whois shining with divine splendour,and who is served by the world at large.

अमलमनतमशेषान् ्मानुषान् ्भन्ततयोग-

क्रममनतसिलोतत्या ननत्यमुद्बोधयधतम् ्

शमधनमनपेतप्रश्रयं ंधमिवक्षा

श्रमकिमकलंकं श्रीशशवानधदमीडे ेे।।९५ ।।

Iworship Swami Sivananda, whoinitiates all guileless devotees into Bhakti, by imparting to them his teachings inacharming manner, who is endowed with the wealth of serenity and modesty, andwho is incessantly working for the protection

ofDharma.

सकलजनशुभाथ िंददव्यगीताथसविां

सिललशलतीत्या ननत्यमाभाषमार्म् ्

सववधगतजनानां पापमुधमूलयधतम् ्

सववतृतुशुलतदीन्प्तं ंश्रीशशवानधदमीडे ेे।।९६ ।।

Iworship Swami Sivananda who,for thebenefit of all people, teaches the essence ofthe Bhagavad Gita in sweet andeasywords, who destroys the sins of all those

whotake refuge in him, and whoisequalto the sun in splendour.

अववकलसुखमूलं ध्यानशीलंप्रकामं

भुवव ननयतमशेषितदेवाजनवीयम् ्

सुववशदमधुितत्या तद्वुरान् ्बोधयधतम् ् भववकगुर्गराढ्यं श्रीशशवानधदमीडे ेे।।९७ ।।

Prostrations to Swami Sivananda, whoaisthe source of eternal happiness, who is always in meditative mood, who endeavoursthat everyone in this world may earn this wealth of a calm and serene mind,whoalways speaks of the benefits of such meditations, and who is the greatest ofallliving sages to guide the world towards blessedness.

ववहतवववधतापं वीतनानावलेपं

ववददतननगमसिां प्राप्तवेदाधतपिाम् ्

ववनतजनपिीतं ववशुरुतामेयकीनत व

ववगतसकलदोषं ंश्रीशशवानधदमीडे ेे।।९८ ।।

Salutations to Swami Sivananda, whoisfree from all afflictions, who has annihilated the feelings of I-ness' and 'mine-ness'inhim, who is endowed with the knowledge of all scriptures, who has attainedthesupreme goal of life, who is encircled by

sincere and devoutdisciplesandwhoisrenowned for his spotless character.

ननिवगधननजशशषयान् ्मोक्षमाग िंनयधतं

ननियपनततलोकानुद्धिधतं ननताधतम् ्

ननिवितमशेषक्ेषेमकृत्यकदीक्ंषं

ननिर्मतुलशीलं श्रीशशवानधदमीडे ेे।।९९ ।।

Iworship Swami Sivananda, who guides ever so many disciples along the path of final emancipation, who always strives for the uplift of those who are plunged in the hell of Samsara, who is ever engaged in welfare of the whole world, and who is

sinless andisendowed withgloriouscharacter.

मधदाककधयास्सुरुगचितटे सुधदि मन्धदि सद्-

वृधृदाकीरे् सदशस ववलसद्दव्यपीठे ननषण्म् ्

मधदस्मौाननसिशसजान्धनगलवद्दव्यसून्तत-

स्यधदस्तोम न्श्शशशरितजनं श्रीशशवानधदमीडे ्े।।१००।।

Glory to Swami Sivananda, who dwelling in a captivating shrine on the bank of the beautiful Mandakini (Ganga), sits resplendent in His lustrous seat surrounded by the band of wise and good people, and who cools the hearts of all by the flood of sweet words that freely flow from his ever-smiling lotus-face.